

The Columban

ST. COLUMBA'S CHURCH, KNOCK, MAY 2023



Coronation of King Charles III



RECTOR'S LETTER

Dear Parishioner,

As I write this letter, plans are well advanced for the Coronation of King Charles III in Westminster Abbey on Saturday 6th May. This will be a most significant and important occasion in the life of our Nation and the Commonwealth. For so many people like myself, it will be our first time witnessing a Coronation Service.



The Coronation is deeply rooted in tradition. The service, which will be conducted by the Archbishop of Canterbury, will reflect the King's role in society today and will also look to the future. **I am delighted that Girl Choristers from the Chapel Choir at Methodist College Belfast will be singing at the Coronation. This is such a great honour and immense privilege for them all. They will be accompanied by two members of St. Columba's who can often be seen as cantors in our choir: their Director of Music, Ruth McCartney and Lynda Rolston, who teaches in the Music Department at Methody. Graeme McCullough, College Organist, and one of our Guest Organists at St Columba's, will also be going. I assure them all of our prayerful good wishes with their rehearsals and also their travelling.**

Throughout these weeks we will be praying for The King, The Queen Consort, members of the Royal Family, our Nation and the Commonwealth. We will also in our services be focusing on Christ, The Servant King who came to serve and encourages us to serve one another. This is an opportunity for us to reflect on our own service to one another and also our service to the community. Are there new and fresh ways that we can consider and share the hope of the Resurrection through service in our community? Could we assist as a volunteer with a local charity?

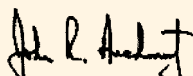
So many people similar to myself have a unique opportunity to learn about the significance and all the symbolism of the Coronation Service in these weeks and months. Please see the informative article written by our Parish Administrator Karen Patterson in this magazine.

Throughout the weekend of the Coronation there will be opportunities in St. Columba's to reflect on many aspects of our community life and all those who generously serve as volunteers in so many different capacities.

As this prayer directs us:

*Living God, you bring us
together in community,
and teach us to love one another
as you have loved us.
May we be beacons of your light
in the communities in which we are set,
that through truth,
justice and action
we may see your kingdom
come upon earth,
in Jesus Christ our Lord. Amen*

Yours in His service,



"Methodist College Choristers Singing at the Coronation".

Also included in the photograph is the Director of Music, Ruth McCartney, Lynda Rolston who teaches in the Music Department and Graeme McCullough, College Organist.



SERVICES IN MAY

Thursday 4th **Saint Philip and Saint James (Transferred)** **(White)**
10.30am **Holy Communion** *followed by refreshments*

Sunday 7th **The Fifth Sunday of Easter** **(White)**
8.15am **Holy Communion**

Epistle Acts 7: 55-60 The stoning of Stephen
 Gospel John 14: 1-14 Jesus, the way to the Father

10.30am **All Age Worship** *followed by refreshments*
 Reader John 14: 1-14 Jesus, the Way to the Father

Thursday 11th **(White)**
10.30am **Holy Communion** *followed by refreshments*

Sunday 14th **The Sixth Sunday of Easter:**
Rogation Sunday **(White)**

8.15am **Holy Communion**
 Epistle Acts 17: 22-31 Paul in Athens
 Gospel John 14: 15-21 The promise of the Holy Spirit

10.30am **Holy Communion**
 Epistle Acts 17: 22-31 Paul in Athens
 Gospel John 14: 15-21 The promise of the Holy Spirit

Thursday 18th **The Ascension Day** **(White)**
10.30am **Holy Communion** *followed by refreshments*

Sunday 21st **The Seventh Sunday of Easter** **(White)**
Sunday after Ascension Day

8.15am **Holy Communion**
 Epistle Acts 1: 6-14 The Ascension of Jesus
 Gospel John 17: 1-11 Jesus Prays for His Disciples

10.30am **Morning Prayer** *followed by refreshments hosted by the Christian Aid Team*

1st Reading Ezekiel 39: 21-29 Israel restored to the land
 2nd Reading John 17: 1-11 Jesus prays for His disciples

Thursday 25th

(White)

10.30am **Holy Communion** *followed by refreshments*

Sunday 28th

The Day of Pentecost: WhitSunday

(Red)

8.15am **Holy Communion**

Epistle Acts 2: 1-21 The coming of the Holy Spirit
Gospel John 20: 19-23 Jesus appears to the disciples

10.30am **Holy Communion**

Epistle Acts 2: 1-21 The coming of the Holy Spirit
Gospel John 20: 19-23 Jesus appears to the
disciples

7.00pm

**United Belmont and District Council of Churches
Pentecost Service in Knock Methodist Church.**

Online Services

The audio recording of our 10.30am service each Sunday can be found on our parish website www.stcolumbas.down.anglican.org under "Church Service Recordings".

PARISH PRAYER

God, our Heavenly Father, make the door of our Church wide enough to welcome all who need human love, fellowship and a Father's care; but narrow enough to shut out all envy, pride and hatred. Here may the tempted find help, the sorrowing receive comfort and the penitent be assured of your mercy. And here may all your children renew their strength and go on their way in hope and joy; through Jesus Christ, our Lord.

Amen.

Bishop Thomas Ken 1637-1711

MAY FLOWER ROTA

Sunday 7th

Margaret Stewart

Sunday 14th

Pauline Scott

Sunday 21st

Joy Montgomery

Sunday 28th

Jean and Leslie Gorman

Coronation regalia

Many of the items in the crown jewels collection are only used on special occasions. A coronation is one such occasion and you will probably see the following during the ceremony if you are watching on television.



St Edward's crown

This solid gold crown weighs 2.23kg (nearly 5lbs) and is set with precious stones and fringed, with ermine. A coronation is the only time it is worn.

Imperial State crown

This is the monarch's 'working crown' and is used on formal occasions e.g. the opening of parliament.



Queen Mary's crown

This is worn by the Queen Consort.



Ampulla and spoon

This is used for anointing the monarch with holy oil (see article on page 8)



St Edward's staff

This is carried in the coronation procession.

The three swords

The swords of mercy, spiritual justice and temporal justice. They symbolise royal powers and responsibilities.



The sword of offering, spurs and armills

These are given to the monarch after the anointing. The spurs represent the values of protecting the weak and the church while the armills symbolise the bond the monarch has with their people and the values of sincerity and wisdom.



The Sceptre

The sceptre with a cross represents temporal and spiritual power while the sceptre with a dove symbolises the Holy Spirit.

The orb

The orb is symbolic of the globe and represents worldly and Christian power.



The sovereign's ring

This symbolises dignity, faith and the monarch's commitment to their people and the church.



Queen Consort's sceptre

This is an ivory rod topped with a dove symbolising equity and mercy.

Images of Sovereign's Ring from www.courtjeweller.com

Coronation Wordsearch

P E R R S R N N S N S N O R
R U O G E D O E B R R M F Q
Y G S D R O W S R R N A O P
S C R C S R M I O I W R N O
O P S C E P T R E N S Y D I
V R N I E M I R S G I A S M
E S T A F F T N O O P S L P
R M R L K I N G C R O W N E
E R R A M P U L L A L W E R
I F E D W A R D P K R A N I
G O A I A T A S P U R S L A
N L O N O I T A N O R O C L
R S L L I M R A A I S U I N
L N N E E U Q O G U E I L R

ARMILLS
SWORDS
STAFF
CROWN
AMPULLA
KING
SCEPTRE
EDWARD
MARY
CORONATION
ORB
RING
SPURS
QUEEN
SOVEREIGN
IMPERIAL
SPOON

The King's Coronation



This month we will have the privilege of watching the Coronation of His Majesty the King and Her Majesty the Queen Consort on Saturday 6th May at Westminster Abbey. I am sure many of us will be glued to our televisions to watch this historical event unfold!

One important aspect of the coronation ceremony is when the monarch is anointed with oil — this was the one moment that was not televised during Queen Elizabeth's coronation in 1953 as it was seen as religiously so important and transformative. This important oil is seen as holy, and used to consecrate and sanctify monarchs as sovereign and for the duties that are required of the role. The basis of this practice goes back to the Old Testament where initially this was used for priests, prophets and objects that would be placed in the tabernacle — the tent that the Israelites would congregate in.



The oil which will be used to anoint His Majesty, The King on 6th May 2023 has been consecrated in Jerusalem using olives from the Mount of Olives, pressed near Bethlehem and fragranced with essential oils of jasmine, cinnamon, orange blossom, benzoin, sesame, amber, neroli and rose for scent. The oil is then blessed so it becomes 'Chrism' oil. This oil will also be used to anoint Camilla as she is crowned as Queen Consort and it is based on the recipe used for Queen Elizabeth's coronation.

Normally, a batch of the oil is made to last for several coronations, but during the Second World War a bomb hit the deanery where it was being stored, so the late Queen's coronation was the first to use the new batch, and so Charles has also opted for a fresh batch to be made. It is stored in this silver urn until the Coronation.

The Ampulla (centre) is an eagle shaped vessel used to pour out the anointing oil onto an ornate spoon to be used to consecrate the monarch during the coronation ceremony. (Getty Images)

In the Old Testament, oil often signified prosperity, blessings, and stability, opposed to other periods throughout Israel's history where the harvest was not bountiful and famine had swept the land (Joel 1:10).



The practice of anointing with oil transfers over to the New Testament. Jesus encourages His followers to anoint themselves with oil whenever they take up the practice of fasting (Matthew 6:17), and to pour oil on the sick as part of the healing process (Mark 6:13).

Significance of essential oils.

Jasmine oil has a long and colourful history. It has been known for a long time for its calming qualities. The Ancient Egyptians used it for headaches and to help improve sleep quality. The jasmine flower features in stories of ancient China, Persia and Egypt. It was revered by royalty in China and traded along the Silk Road.

Cinnamon oil is associated with a wide variety of benefits for health and wellness, including relaxing, soothing and cleansing.

Orange Blossom is used to reduce stress and anxiety. It cleanses the body by helping to eliminate toxins and strengthens the immune system. It drives away depression, stimulates the mind and daily motivation, helps to keep the body and in tune with the mind.

Benzoin essential oil is captured from the resin of gum Benjamin trees (native to Sumatra, Thailand and Java) and has been used medicinally for thousands of years. Benzoin incense was once believed to ward away 'troublesome spirits'.

Sesame oil boosts antioxidants which fight diseases, aids pain and promotes healthy sleep.

Amber oil is derived from amber, a fossilized resin of ancient trees. 'Amber' trees are extremely hard to find, making pure amber oil unique and expensive. The antioxidant properties found in amber oil can help improve cognition and prevent stress. It is also claimed to increase circulation, improve heart functions and the immune system.

Neroli oil is an essential oil produced from the blossom of the bitter orange tree. Its scent is sweet and honey-like, and somewhat metallic with green and spicy undertones. Its benefits include relieving pain, inflammation, depression, stress and insomnia. It can boost confidence, uplift mood, calm nervous tension, and promote a restful sleep.

Rose oil has many functions including decreasing anxiety and stress, reducing pain and antibacterial/ antifungal properties. Rose oil may stimulate the brain to release endorphins, often called the "feel-good" hormone.



The Archbishop of Canterbury, who will be conducting the Coronation Service, said

"Since beginning the planning for the Coronation, my desire has been for a new Coronation Oil to be produced using olive oil from the Mount of Olives. This demonstrates the deep historic link between the Coronation, the Bible and the Holy Land. From ancient kings through to the present day, monarchs have been anointed with oil from this sacred place. As we prepare to anoint The King and The Queen Consort, I pray that they would be guided and strengthened by the Holy Spirit."

Coronation Prayer

Lord God, in your power you provide for your people and rule over them in love:

Grant to your servant Charles, our King
the spirit of wisdom and government,
that being devoted to you with his whole heart,
he may so wisely govern,
that during his reign your church may be protected,
and Christian devotion may continue in peace;
that so persevering in good works to the end,
he may by your mercy enter your everlasting kingdom;
through Jesus Christ, your Son, our Lord,
who lives and reigns with you in the unity of the Holy Spirit,
one God now and for ever. **Amen.**

Karen Patterson

ST COLUMBA'S PARISH CHURCH KNOCK

PARISH OFFICE BEARERS 2023-2024

RECTOR – The Revd Chancellor John R Auchmuty

ASSISTANT PRIEST – The Revd Canon Ken Smyth

ASSISTANT PRIEST – The Revd Canon Walter Lavery

RECTOR'S CHURCHWARDEN – Richard Whiteside

PEOPLE'S CHURCHWARDEN – Louise Mercer

RECTOR'S GLEBEWARDEN – David Kelly

PEOPLE'S GLEBEWARDEN – Ian Johnston

HONORARY SECRETARY – John Macpherson

HONORARY TREASURER – Brian Acheson

ASSISTANT HONORARY TREASURER – Victor Dukelow

SELECT VESTRY

Rector, Churchwardens, Glebewardens,

**Hon. Secretary, Hon. Treasurer, Assistant Hon. Treasurer,
David Craig, Andrew Hirst, John Kerr, Martin Moore, Nigel Morrow,
Scott Rutherford, Gillian Sadlier, Jim Stevenson, Jonathan Stewart**

REGISTERED AUDITORS

Diamond & Skillen Chartered Accountants

PAROCHIAL NOMINATORS

Victor Dukelow, Patrick Good, Elizabeth Leonard, Linda Wilson

SUPPLEMENTAL PAROCHIAL NOMINATORS

David Craig, Karen McAlpine, Scott Rutherford. Brian Gillespie

DIOCESAN SYNOD MEMBERS

Patrick Good, Elizabeth Leonard

DIOCESAN SYNOD MEMBER AGED UNDER 30

Charles Auchmuty

SUPPLEMENTAL DIOCESAN SYNOD MEMBERS

David Craig, Elizabeth Miller



Chancellor John Auchmuty
Rector



Canon Ken Smyth
Assistant Priest



Canon Walter Lavery
Assistant Priest

SELECT VESTRY



Richard Whiteside
Rector's Churchwarden



Louise Mercer
People's Churchwarden



David Kelly
Rector's Glebewarden



Ian Johnston
People's Glebewarden



Gillian Sadler



Martin Moore



David Craig



John Kerr



Scott Rutherford



Andrew Hirst



Nigel Morrow



Jonathan Stewart



Jim Stevenson

MBA'S TEAM



Karen McAlpine
Diocesan Reader



Karen Patterson
Parish Administrator &
Financial Giving Secretary



Joe McKee
Organist & Choral Director



Brian Clements
Assistant Organist

OFFICE BEARERS



John Macpherson
Honorary Secretary



Brian Acheson
Honorary Treasurer



Victor Dukelow
Asst. Honorary Treasurer



Jack Dunlop
Gift Aid Secretary

PARISH OFFICERS



John Robb
Honorary Sacristan



Yvonne Robb
Honorary Sacristan



John Proctor
Honorary Sexton



Geoff Launchbury
Asst. Honorary Sexton



Stewart Beckwith
Premises Convenor



Mark Lavery
Crucifer

CHURCHWARDENS COMMISSIONED



We congratulate the new Rector's churchwarden, Dr. Richard Whiteside and the new People's churchwarden, Louise Mercer following their recent Commissioning.

Richard Whiteside writes:

I am delighted to have been appointed as your Rector's churchwarden for the coming year and am looking forward to working alongside Louise and getting to know the congregation in the weeks and months ahead.

You will already know my sister, Caroline (the Rector's better half) and my mother,

Joan and to complete the family bio, I am married to Martina and have 3 children, Adam, a 2nd year Student in Exeter, Laura, a 1st year student in Dundee and Patrick who is studying for GCSE's at Sullivan Upper School. I am a GP in Comber trying to fill the very large boots left by my predecessor, Dr Elizabeth Leonard.

Louise Mercer writes I am married to Steven and we have three lovely daughters - Lindsay, Claire and Anna. I retired in 2021 and am really enjoying having more time to spend with family and friends. Steven and I like to go on long walks with Charley, our miniature Schnauzer. We also look after our 18 month old grandson Max a couple of days a week which is great fun as he is picking up new words every day. In my spare time I like to read, garden and watch pretty much any sport.

Prayers for your thoughts and comfort



May is the fifth month in the Gregorian calendar, which, for some people, heralds the advent of summer. Perhaps it is surprising, in view of the determined efforts in the Middle Ages by the Christian Church, to discourage any devotion to Greek and Latin pagan gods, that, certain months in the year retain their association with pre Christian gods. May was named after the Greek goddess Maia, who was identified in turn with the Roman god of fertility.

Many significant events will occur, or will be observed in May. These include the Coronation of King Charles III, local Government Elections, Christian Aid Week, and the General Synod (Parliament) of the Church of Ireland, which will take place in Wexford. Insomniacs may wish to note that it is observed also as 'Better Sleep Month' These subjects will be included in prayers in the Columban. Hopefully, you will find this helpful should you wish to include them in your personal prayers.

Prayer for King Charles III 6th May

Lord God, grant to King Charles, the spirit of wisdom and government, that being devoted to you, he may govern wisely, so that, during his reign, Christian devotion may continue in peace. Grant that his faithful witness may be to others a source of hope, that they may come to know more fully your Son, Jesus Christ, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

Prayer for Local Elections - 18th May

Lord, as the local elections approach, help us to understand better the issues and challenges that confront our community and country, and how the Gospel compels us to respond as faithful citizens. Grant us discernment, so that we may contribute to the choosing of representatives who respect your call to live for love. Keep us in the ways of your truth, and help us to follow in the steps of Jesus, guiding us to your Kingdom of justice and peace. We ask this in the name of the author of peace, Jesus Christ our Lord. **Amen**

Prayer for the General Synod of the Church of Ireland 12th -16th May

Lord Jesus Christ, send forth your Spirit of love and truth on the bishops, clergy and lay people in synod in Wexford, and on all who assist them in their deliberations. Make them faithful to what the Spirit is saying to the church and lead them forward by the same Holy Spirit. **Amen**

Christian Aid Week 14th - 20th May

Creator God, you have planted the seed of love in our hearts, souls and lives. Nurture us with the power of your Spirit to grow and flourish. Enable us, in this week and throughout the year, to work together for change, and the relief of suffering, so that everyone can thrive and share life in its fulness. At all times, grant us the courage to stand up for what we believe to be right. **Amen**

Christian Aid Prayer

‘Lord, help us to live more simply that others may simply live.’

The Poor and Neglected

Almighty God, we remember before you all who are burdened by poverty and feel neglected. Help us to be effective instruments in healing the broken in body and spirit. In our own small ways, may we turn their sorrow into joy. Grant this, Father, for the love of your Son, who, for our sake, became poor – Jesus Christ our Lord. **Amen**

The Homeless

Jesus, help us to see your face in the eyes of every person experiencing homelessness, so that we may be empowered through word and deed, and, by your grace, may bring justice and peace to those who have no homes or places in which to rest. **Amen**

Victims of Violence and War

God of hope and mercy, we pray for all victims of violence and aggression, including those living in our city who have been forced to flee from their native lands. Strengthen the devastated and console the grieving. Encourage those engaged in supporting refugees and displaced people. May we continue to display compassion and generous hearts. **Amen**

The Hope of Spring

Lord God, thank you for this Spring season and the hope of longer, warmer days as summer beckons. Thank you for growth and life and birth. Thank you that things have come awake in the gardens and fields around us. May all that belongs in this season become positive things in our lives, as we turn to you as the creator and sustainer of life. **Amen**

Difficult Economic Times

Lord, in these difficult financial times, we pray that you will encourage the despondent and those who may despair about rising prices. Guide those who bear responsibility for tackling the challenging commercial and economic problems. Make us sensitive to one another's needs, and generous in our response when opportunities arise. We ask it in your name. **Amen**

May is 'Better Sleep Month' - Prayer for the Sleepless!

Lord God, who never slumbers, but created us with limits and a need for rest. Please fill my heart and mind with peace. Remove distractions and pressures that are keeping me awake. Grant me your peace. **Amen**

Thought

Psalm 4 v.8 'I will lie down and sleep, for you alone, Lord, make me dwell in safety'

A 15th Century personal prayer

My Lord and my God, take me from all that keeps me from thee.

My Lord and my God, grant me all that leads me to thee.

My Lord and my God, take me from myself and give me completely to thee. **Amen**

A prayer of Jeremy Taylor – 17th Century Bishop of Dromore

Teach us to pray often that we may pray oftener!

A prayer of Martin Luther King (U.S. Civil Rights Leader)

To the God who is able to keep us from falling, and lifts us from the dark valley of despair to the bright mountain of hope, from the midnight of desperation to the daybreak of joy – to Him be power and glory, for ever and ever **Amen**.

Saints Days in May

1st May St. Philip and St. James Prayer in Book of Common Prayer Page 308

14th May St. Matthias Prayer in Book of Common Prayer Page 309

Finally A Thought for everyday

'Grant me to recognise in other people, Lord God, the radiance of your face.'
(Teilhard de Chardin 1881-1955)

Thought for the Month

Having grown up in St Columba's it's lovely to now be at a new stage of life and watching my son Max grow up and be part of the church family.

Family has taken on a new meaning since Max arrived and I reflected on this last month as we celebrated Mother's Day. The support and sense of family we have received from St Columba's since Max was born has been invaluable.



Lindsay Rothwell and Max

Throughout my maternity leave Max and I attended Mums and Tots and met lots of new families that we have continued friendship with today. Now that I am back at work, Max still attends Mums and Tots with his granny and I enjoy going when I take time off. It's great to see how many parents and children come regularly and I recommend it to all my friends as a safe space to come and meet others at a similar stage of life and to enjoy a cup of coffee and a biscuit!

The young families group is also another network for parents to meet up in relaxed and informal settings and this last year, I have also taken on the role as crèche coordinator. It's lovely to see Max and fellow babies and toddlers in the church hall each week. They enjoy seeing the older children and there are plenty of toys and activities to keep them entertained.

A definition of family is 'a group of people who care about each other because they have a close relationship or shared interests'. After watching friends starting families during Covid with very little support options, I feel very grateful that Chris and I have been able to enjoy the wider sense of the church family. I'd like to thank all the people in St Columba's who volunteer their time and efforts to run these very important groups for new parents and young families. There is such a great variety of activities for parishioners to get involved in and a strong sense of family throughout St Columba's.

*Our sincere thanks to Lindsay for sharing this 'Thought' with us.
The June 'Thought for the Month' will be written by Christine Johnston.*



CHRISTIAN AID WEEK 14th - 20th MAY 2023

We are looking forward to another successful Christian Aid week at St Columba's after raising more than £4,000 last year. We have included two Christian Aid envelopes in each Columban, one for you and one for a friend or family member. Please think about gift-aiding your donation as this will add 25% for free. These envelopes can be returned at any church service between 7th and 21st May or can be dropped into the Rectory. We are also continuing a delivery only service to the area surrounding our church.

We will finish Christian Aid week on Sunday 22nd May by holding a bun/cake sale after church alongside serving tea and coffee.

If you would like to join our lovely group of volunteers to deliver envelopes/bake/serve

tea/coffee please contact me on the number below.

I think the following statement sums up what Christian Aid is all about.

**- although we face an enormous task to overcome poverty and injustice,
God takes the small gifts of our prayers, voices, money, time and talents, and turns them into a great blessing for others.**

Thank you once again for your continued support.

Joyce

Clergy Parish Visiting

It is always a great privilege for the clergy to visit parishioners in their homes. If you would like to request a clergy visit, please telephone the Rector (028 9047 1514) or Canon Walter Laverty (028 9573 8743). In addition to requested Parish Visiting, the Clergy will be visiting parishioners in the following districts during May:

Rector

Green Road
Greer Park Drive
Holland Drive
Holland Park
Kensington Drive

Canon Laverty

Hewitt Parade
Hanwood Avenue
Houston Rd, Crossnacreevy
Kensington Court
Kensington Gardens South

PASTORAL SUPPORT



The Clergy would appreciate being informed if parishioners are in hospital, are being transferred or if they have been discharged, and will be pleased to offer them pastoral support. ***Please do not assume that they already know this information.***

Please telephone the Rector (028 9047 1514) or Canon Walter Laverty (028 9573 8743) to enable them to take careful notes of the details. Thank you.

From the Registers

Our Sorrows

Funeral Services

Friday 31st March

Frederick William Edwin NOEL Gregory

Wednesday 12th April

Bernard George Frieze

Railway and Model Club

With Easter over we are now moving on towards the summer. The big new layout will soon receive it's hill. This will be built from scrap plastic and plaster of paris. One has to work quickly on this, because, after the cloth is wet, it starts to set after just three minutes. Wish us luck as we mould the contours!!



Then of course we have the Augher/ Clogher Valley narrow gauge railway rapidly taking shape. This will be great fun, I'm sure, when it starts to roll in 'n' gauge.

Our next evening event will be the talk, by local historian Keith Beattie. This talk tells of the bravery and crossing of religious and political boundaries, in the Battle of Messine on the Western Front, in June 1917. Hope to see you all in the church hall on the evening of 31st May. In the meantime, keep 'er Rollin'.

Rockie

Railway and Model Club

You are invited to a talk by local historian

Keith Beattie.

**In the church hall on
Wednesday 31st May at 7:30 p.m.**

During the talk you will learn how two men; Major William Redmond (Irish Republican) and Private John Meeke (Ulster Unionist) who, back home would have been political and religious adversaries, met in an act of bravery in the horror that was a First World War battlefield.

'Everyone welcome'

Ladies Guild



There was a good attendance at our long postponed "Irish Miscellany" on March 14th. An afternoon of poetry, stories from history and folklore, a leprechaun quiz and music with an Irish flavour performed by four willing members, Maureen, Irene, Pauline and Eileen. We were very pleased to welcome

Brian Clements who joined our meeting to provide his keyboard talents as the accompanist for our sing-along, the ladies joining in with enthusiasm.

Our next meeting on Tuesday 23rd May will be our AGM – the first to be held for three years. I would encourage members to attend. This is your chance to have a say about how the Guild can continue to grow and offer any suggestions you might have for future plans. The Committee will welcome your input. We will be joined by Canon Ken Smyth who will talk to us about some of the interesting places he has visited over the years.

We continue to keep in our thoughts and prayers those members who are ill or recovering following a hospital admission.

Eleanor

Church hall cleaning rota

May 6th

Fiona and Robin Haldane

May 20th

Joyce Stevenson and Yvonne Robb



MARMALADE

Marmalade is for sale on the 3rd Sunday each month, also every Thursday morning or by contacting me on **9048 6622**.

Thank you for your continued support.

Maureen



It was enjoyable to gather for the Diocesan Festival Service in Newtownards last month after a delay of three years, and to see the many colourful banners on display. Our Bishop was the preacher and he encouraged groups to continue to reach out within their geographical location in addition to supporting worldwide initiatives.

May is traditionally the time for the branch AGM. During the recent years we have been unable to meet and share updates, so it is great to have the opportunity to do so again.

The Rector and Caroline are graciously hosting our meeting on Tuesday 2nd May 8.00pm in the Rectory, we are providing a special supper and look forward to a night of fellowship. The election of office bearers is overdue, and this will be addressed at our meeting. I hope to see you all there.

Our outing on Saturday 17th June to Linen Green and St Anne's Dungannon for the church flower festival has been well received. A few seats are available on the bus, £25 includes transport, lunch, and tips. A £10 deposit will secure a seat. If you are able to join us please speak to Joyce.

Best wishes

Barbara

THANK YOU TO THE VOLUNTEERS

Our Church is a beautiful building and a cause for great celebration. Whilst the Church does get a weekly clean, there is room for a deeper clean and this took place at the start of March. It is a very satisfying way to care for our church and our thanks go to Nan and Donald Hillier, Isobel McDowell, Maureen and Stewart Beckwith, Fiona Haldane, Patricia and Adrian Clements, Pam and Murray Hunter, Joyce and Jim Stevenson, Eleanor Launchbury and Christine and Ian Johnston.



..... and a special thank you to Nan Hillier for co-ordinating the Spring Clean.

Art Club

The Art Club hosted the refreshments after Morning Prayer on 16th April and we were delighted to see that a considerable number of the congregation remained. A small display of paintings by club members attracted many positive comments with many of the congregation claiming that they themselves had no artistic talent.



Club members are reminded that the Annual General Meeting of the club will be held on 8th June. Further details of a proposed visit, by train, to the north-west for a day's sketching/painting on Thursday 7th September will be given. This will hopefully give us inspiration for the 23/24 year.



Wordsearch Solution

P	E	R	R	S	R	N	N	S	N	S	N	O	R
R	U	O	G	E	D	O	E	B	R	A	M	F	Q
Y	G	S	D	R	O	M	S	R	R	A	O	P	
S	C	R	C	S	R	H	I	O	I	M	R	N	O
S	P	S	C	E	P	T	R	E	M	S	Y	D	I
V	R	N	I	E	M	I	R	S	G	I	A	S	M
E	S	T	A	F	F	T	N	O	O	P	S	L	P
R	R	L	K	I	N	G	C	R	O	N	E		
E	R	R	A	M	P	U	L	L	A	L	H	E	R
I	F	E	D	W	A	R	D	P	K	R	A	N	I
G	O	A	I	A	T	A	S	P	U	R	S	L	A
N	L	O	N	O	I	T	A	N	O	R	O	C	L
R	S	L	L	I	A	R	A	I	S	U	I	N	
L	N	E	E	U	O	G	U	E	I	L	R		

PAUSE

PAUSE is our parish initiative which takes neither organisation nor commitment. It is simply a matter of turning up! It may be for tea or coffee and a scone. It is all about meeting up with others for some chat. It is open to all - all parishioners, all readers of the Columban, all ages, all friends all individuals - anyone and everyone. This month two PAUSES are planned.

Tuesday 16th May

10.30am The Poet in Kings Square for coffee and scones.

Tuesday 30th May

10.30am Hillmount Garden Centre for coffee and a scone or a tray bake?

If you are free on either or both of these dates do come along. Bring a friend as well.

If you need further details or help with transport please contact me.

Eileen (028 9020 3684)



JUNE PARISH MAGAZINE

Any articles or photographs for publication in the **June** parish magazine should be handed or emailed to the editor, **Billy McAlpine**, by **Wednesday, 10th May**.

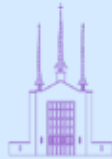
His contact details are:-

10 Old Quay Court, Holywood BT18 0HT
Tel: **9042 4390** Email: **colmaged@outlook.com**

We all love to see photographs of people enjoying our Church activities. So we can all benefit fully from this and for reproduction purposes, it is very important that photographs are clear and in focus.

Many thanks

1960



2023

ST MOLUA'S
PARISH OF STORMONT

"BE THOU MY VISION"

A Festival Of Flowers

Artistic Director - Mrs Elma McDowell

Friday 19th - Sunday 21st May 2023

We invite you to come and join us to celebrate over 60 years of St Molua's Church at Stormont as we give thanks for the past and look forward to our future

Friday: 10am - 8pm

Opening Ceremony at 11.00am

Saturday: 10am - 8pm

Sunday: 2pm - 6pm

Thanksgiving Service at 6.30pm

**View the selection of beautiful handmade quilts on display
in the Parish Hall as you enjoy your refreshments**

CATERING OPTIONS AVAILABLE

For further information and bookings, please contact Sharon Beck
Mobile: 07958 142 612 or Email: sharonmbeck55@hotmail.co.uk

St Molua's Church, 645 Upper Newtownards Road, Belfast BT4 3LR

stmoluasonline.com



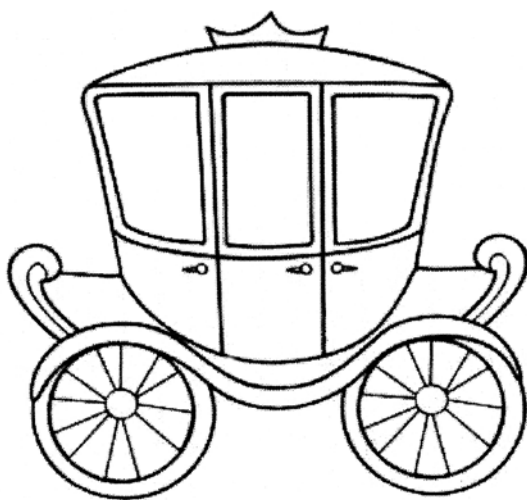
Charity No. NIC 102374



**Proceeds in aid of Parish repair fund with donations to
Guide Dogs NI and Angel Eyes NI**



Coronation Colouring in!



PARISH ORGANISATIONS


New members are always welcome at any of our organisations!

Sunday	Sunday School <i>Candles (3 – 5 years)</i> <i>Lamps (6 – 10 years)</i> <i>Torches (11+ years)</i>	2 nd , 4 th and 5 th Sundays 10.30am	Superintendent: Linda Wilson 07850 309097 Deputy Superintendent: Lynn Ryan 07955 479065
	Crèche	2 nd , 4 th and 5 th Sundays	Lindsay Rothwell 07710 590574
Monday	Craft and Hobby Circle	1 st and 3 rd Monday each month 10.30am	Carol Willis 9079 9997
	Railway and Model Club	2.00pm	David Beattie 9028 5868
	MU Afternoon Group	2 nd Monday each month 2.30pm	Joy Montgomery 9029 5427
	Mens' Club	7.30pm	John Robb 9058 1438
Tuesday	Ladies Badminton	10-30am	Gillian Popplestone 9080 3799
	Ladies Guild	3 rd Tuesday each month 2.30pm in the church	Eileen Anderson 9020 3684
	Activity Group	Except 1 st Tuesday 7.30pm	Maureen Irwin 9079 5155
	Mothers' Union	1 st Tuesday each month 8.00pm	Barbara Lavery 9573 8743
Wednesday	Bible Study Group	2.30pm - 4.00pm	Eileen Anderson 9020 3684
Thursday	Art Club	9.30am	Vida Shaw 90655063
	Choir	7.30pm	Dr Joe McKee 07976 294574
Friday	Mums and Tots	10.00am	Joyce Stevenson, 9058 3381
Bi-monthly	Pause	As arranged	Eileen Anderson 9020 3684
Monthly	Youth Etc. <i>(11-15 years)</i>	As arranged	Jonathan Martin, 07980 885990
	Young Families	Social events as arranged	Rachel Stewart 07812 247343

WHO'S WHO IN ST. COLUMBAS

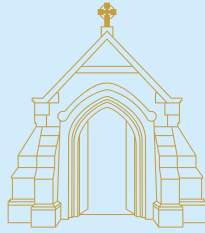
Parish website: www.stcolumbas.down.anglican.org

Rector	The Reverend Chancellor John R Auchmuty	St. Columba's Rectory 29 Kings Road BT5 6JG 028 9047 1514 rectorknock@down.anglican.org
Assistant Priests	The Reverend Canon Ken Smyth The Reverend Canon Walter Laverty	3 Mount Royal Bangor BT20 3BG 028 9145 8706 6 Hanwood Heights Dundonald BT16 1XU 028 9573 8743
Diocesan Lay Reader	Karen McAlpine	readercolumba@gmail.com
Rector's Churchwarden	Dr. Richard Whiteside	07747 616105
People's Churchwarden	Louise Mercer	07742 113519
Rector's Glebewarden	David Kelly	028 9079 6658
People's Glebewarden	Ian Johnston	07850 999909
Honorary Sexton	John Proctor	028 9087 0526
Assistant Honorary Sexton	Geoff Launchbury	028 9028 1204 07814 498 241
Select Vestry	Rector, Churchwardens, Glebewardens, Hon. Secretary, Hon. Treasurer, Assistant Hon. Treasurer, David Craig, Andrew Hirst, John Kerr, Martin Moore, Nigel Morrow, Scott Rutherford, Gillian Sadlier, Jim Stevenson, Jonathan Stewart	
Honorary Secretary	John Macpherson	10 Sandhill Gardens BT5 6FF 028 9028 2076 jdmacpherson@hotmail.com
Honorary Treasurer	Brian Acheson	028 9042 4892
Assistant Honorary Treasurer	Victor Dukelow	028 9029 0625

Gift Aid Secretary	Jack Dunlop	028 9065 4103
Parochial Nominators	Victor Dukelow, Patrick Good, Elizabeth Leonard, Linda Wilson	
Diocesan Synod members	Patrick Good , Dr. Elizabeth Leonard Charles Auchmuty (Under 30)	
Organist and Choral Director	Dr Joe McKee	07976 294574
Assistant Organist	Brian Clements	028 9079 3641
Sidesperson's rota Co-ordinator	Rosemary Coffey	028 9754 2198
Magazine Editor	Billy McAlpine	028 9042 4390 colmaged@outlook.com
Parish Webmaster	Dr Jonathan Stewart	office.knock@down.anglican.org
C of I Gazette Distributor	Moranne Noad	028 9079 3704
Bible Reading Fellowship notes	Joan Madill	028 9065 6591
Church flowers	Eleanor Launchbury	028 9028 1204
Premise's Convenor	Stewart Beckwith	028 9048 6622
Crucifer	Mark Laverty	028 9573 8743
Parish Office Administrator/ Financial Giving Secretary	Karen Patterson Office hours: Monday to Friday 9.00am-1.00pm	 028 9065 6891 office.knock@down.anglican.org

Safeguarding Panel

**The Rector, Select Vestry and parish leaders are committed to upholding good practice in the parish's ministry with children and young people. Should you have cause for concern or suspicion regarding child welfare in the parish please contact:
The Rector 02890471514 Patrick Good 02890656908 Elizabeth Leonard 02890653162**



ST COLUMBA'S KNOCK

*An open door to friendship,
fellowship and faith*

YOUR attendance can strengthen YOUR parish!



CHURCH CAR PARKING

When parking to go to church services or Parish Organisations please be sensitive to the residents in the local community by taking care not to block entrances or pavements.

Thank you!



Facebook

St Columba's Knock is now on Facebook. **'Like'** our page to see updates on events, services and photos.

Search coiknock on Facebook or Messenger to find us easily.

For those who are new to St Columba's and would like more information about the life and membership of the parish, please give your name and phone number to our Churchwardens or contact the Parish Office during office hours Monday-Friday, 9.00am-1.00pm on 028 9065 6891.

